



Jodie's Ginger Beer

A wonderfully refreshing alcohol-free summer spritz with only four basic ingredients - make it as spicy as you like and enjoy it in the garden.

#AsterGardenMocktails

ASTER
GROUP

INGREDIENTS:

100g ginger,
scrubbed and
roughly chopped.
1 lemon, chopped.

100g light
muscovado sugar.

1-litre bottle chilled
lemonade or
sparkling water,
to serve.

MIX RATING:



INGREDIENTS:



PREP TIME



SERVES:



METHOD:

STEP 1

Put the ginger and lemon in a bowl, pour over 300ml water and blitz with a hand blender until very smooth.

Strain through a sieve into a bowl, then press the pulp to remove as much liquid as you can. Add the sugar to the bowl and blitz again.

STEP 2

Decant into a bottle. Chill until ready to use. Add the lemonade or sparkling water to dilute before serving.





Lauren's Apple, Mint & Elderflower Sparkle

A fruity and grown-up non-alcoholic punch perfect for the picnic or party. You'll love it!

#AsterGardenMocktails

ASTER
GROUP

INGREDIENTS:

75ml elderflower
cordial

1l cloudy apple juice

small handful mint
leaves, roughly
chopped

bottle sparkling
water

METHOD:

STEP 1

For a grown-up non-alcoholic drink, mix elderflower cordial with cloudy apple juice.

Add a small handful mint leaves, stir well, then pour into a chilled flask.

STEP 2

At the picnic, pour half glasses of the juice and top up with sparkling water.

MIX RATING:



INGREDIENTS:



PREP TIME



SERVES:





Gemma's Perfect Pomegranate Mojito

This spin on the mint-and-lime classic is really amazing on a hot summer's day in your garden.

#AsterGardenMocktails

ASTER
GROUP

INGREDIENTS:

3 tbsp
pomegranate
seeds

big bunch mint
2 limes , quartered,
plus slices to
garnish

1l pomegranate
juice

500ml lemonade

MIX RATING:



INGREDIENTS:



PREP TIME



SERVES:



METHOD:

STEP 1

A day ahead, divide the pomegranate seeds between the holes in an ice cube tray, top up with water and freeze.

STEP 2

Reserve half the mint for serving, and tear the rest into a large jug with the lime quarters. Using a rolling pin, bash the mint and lime to release the flavours.

Add the pomegranate juice and lemonade.

Put ice cubes in each glass, then strain over the pomegranate mix through a small sieve. Garnish with lime slices and more mint.

