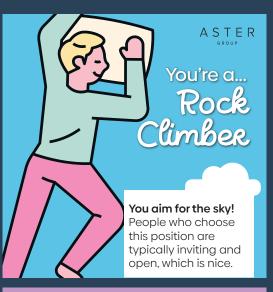


## What does your sleeping position say about you?

We all have a sleeping position of choice to send us off to the land of nod. In fact most of us have adopted this sleeping shape since we first entered the world. There are loads of positions of preference, from curling up into a ball to spreadeagling the entire bed. But did you know that the way in which you sleep at night could provide some insight into your character? Yep. So to discover whether you're a good friend, more of an introvert, or hands-on tactile type, read on.





ASTER

You're a true mattress

the centre of attention.

hogging master!

Surprisingly though,

vou don't like to be

You're a...

StarFish















your couplehood.